

CLASS DAYS & TIMES

MONDAY CLASSES

4:30 – 5:20 BEGINNER / INTERMEDIATE TUMBLE

5:30 – 6:20 BEGINNER / INTERMEDIATE TUMBLE

6:30 – 7:20 INTERMEDIATE / ADVANCED TUMBLE

TUESDAY CLASSES

4:00 – 4:50 BEGINNER / INTERMEDIATE TUMBLE

5:00 – 5:50 BEGINNER / INTERMEDIATE / TINY TUMBLE

6:00 – 6:50 BEGINNER / INTERMEDIATE TUMBLE

WEDNESDAY CLASSES

4:30 – 5:20 INTERMEDIATE / ADVANCED TUMBLE

5:30 – 6:20 BEGINNER / INTERMEDIATE / ADVANCED TUMBLE

6:30 – 7:20 INTERMEDIATE / ADVANCED TUMBLE

BEGINNER – SKILL LEVEL 1 (BACKBEND, CARTWHEEL, ROUND OFF,
BACK/FRONT WALKOVER, ETC.)

INTERMEDIATE – SKILL LEVEL 2 (BACK HANDSPRING, RUNNING BACK
HANDSPRING, ETC.)

ADVANCED – SKILL LEVEL 3 & ABOVE (TUCKS, LAYOUTS, ETC.)