

CLASS DAYS & TIMES

MONDAY CLASSES

4:30 – 5:30 BEGINNER / INTERMEDIATE TUMBLE
5:30 – 6:30 BEGINNER / INTERMEDIATE TUMBLE
6:30 – 7:30 INTERMEDIATE / ADVANCED TUMBLE

TUESDAY CLASSES

4:00 – 5:00 BEGINNER / INTERMEDIATE TUMBLE
5:00 – 6:00 BEGINNER / INTERMEDIATE TUMBLE
5:30 – 6:30 TINY TUMBLE
6:00 – 7:00 ADVANCED TUMBLE

WEDNESDAY CLASSES

4:30 – 5:30 INTERMEDIATE / ADVANCED TUMBLE
5:30 – 6:30 BEGINNER / INTERMEDIATE / ADVANCED TUMBLE
6:30 – 7:30 BEGINNER / INTERMEDIATE / ADVANCED TUMBLE

THURSDAY CLASSES

4:00 – 5:00 ADVANCED TUMBLE

BEGINNER – SKILL LEVEL 1 (BACKBEND, CARTWHEEL, ROUND OFF,
BACK/FRONT WALKOVER, ETC.)

INTERMEDIATE – SKILL LEVEL 2 (BACK HANDSPRING, RUNNING BACK
HANDSPRING, ETC.)

ADVANCED – SKILL LEVEL 3 & ABOVE (TUCKS, LAYOUTS, ETC.)